

Drinking and Driving





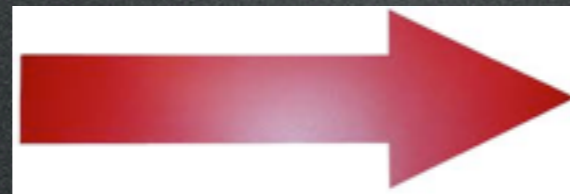
Driving while drunk is really dangerous. It puts not only your life in danger but the lives of many innocent people.

**DRINK
DRIVE**

Facts

“Nearly 13,000 people are killed each year in alcohol-related accidents.” (Drinking and Driving).

“There is an average of 900,000 arrested each year for DUI/DWI and a full 1/3 of those are repeat offenders.” (The Dangers of Drinking and Driving).



Alcohol Process

When alcohol is consumed, the process for digestion of alcohol is different from the process of digesting food. Alcohol is absorbed in the bloodstream and digested less rapidly than food. Alcohol is spread to many important organs which allows you to perform your daily activities with good judgement. There is no way to increase the time for digestion of alcohol, the only solution to digest alcohol is time.

Blood alcohol Concentration (BAC)

Having a high content of (BAC) is illegal.

Driving while intoxicated will bring you many problems with the law that in your future can even affect your education plans, relationships or future job opportunities.

The legal percent of Blood alcohol Concentration (BAC) in the United States is of 0.08%.

It is illegal for a person under 21 to have any amount of alcohol in their systems while driving.

Having any amount of alcohol in your blood affects judgement.

Effects

Drinking and driving is dangerous because drinking alcohol has many effects;

- * Slows reaction time

- * Decreases judgement of distance

- * Decreases judgement of speed

- * Reduces vision

- * Alcohol affects confidence making you take higher risks while driving.



Solutions

If you decide to drink and you need to get some place;

- * Ask for a taxi or ride
- * Stay at a friend house
- * Ask someone who is sober to drive for you.
- * Call someone to pick you up.

What to do to stop friends from drinking and driving

When you are in a situation in which you see a person driving intoxicated, you should try to stop that person from driving.

- * Plan ahead of time to have a designated driver.
- * Don't give up; be persistent
- * Call parents or family members to pick them up.
- * If you have to don't be afraid to call the police.



When you decide to drink don't drive, because you are not only protecting yourself but all the people who surround you.

DON'T DRINK AND DRIVE

Protect yourself, protect the people you love.



References

"Drinking and Driving." *NCADD*. N.p.. Web. 18 May 2013. <<http://www.ncadd.org/index.php/learn-about-alcohol/drinking-and-driving>>.

"Don't drink and drive." *TalkTalk*. N.p.. Web. 20 May 2013. <<http://www.talktalk.co.uk/money/features/insurance-car-drink-drive.html>>.

Hanson, Prof. David . "Alcohol Problems and Solutions." *Alcohol Problems and Solutions*. N.p.. Web. 19 May 2013. <<http://www2.potsdam.edu/hansondj/DrinkingAndDriving.html>>.

"The Dangers of Drinking and Driving." *Quit Alcohol*. N.p.. Web. 20 May 2013. <<http://www.quitalcohol.com/dangers-of-drinking-and-driving.html>>.